



Camp Meal Plan

Day 1 Lunch and Dinner

Day 1 Boxed Lunch

*Turkey Pesto Wrap (Nut Free)
Lettuce, Tomato, Havarti Cheese, Spinach Tortilla
Sides Include: Miss Vickie's Chips, Fresh Cut Fruit Cup, Water*

Day 1 Dinner

*Baked Ziti Bolognese, Mozzarella, Marinara
Vegetarian Baked Ziti, Mushroom, Spinach, Mozzarella, Marinara
Garlic Bread
Garden Green Salad, Tomato, Cucumber, Carrots, Red Cabbage, Broccoli, Spring Mix Citronade,
Buttermilk Ranch Dressing
Chocolate Chip Cookie, Orange, Bottled Water*

Day 2 Breakfast, Lunch and Dinner

Day 2 Boxed Breakfast

*Bacon & Egg, Potato Burrito, Whole Wheat Tortilla (Nut Free)
Sides Include: Whole Orange, Cheese Stick, Bottled Water*

Day 2 Boxed Lunch

*Turkey Caprese Sandwich (Nut Free)
Turkey, Mozzarella Cheese, Tomato, Spinach, Balsamic Vinegar, Whole Wheat Baguette
Sides Include: Pretzels, Fresh Cut Fruit Cup, Bottled Water*

Day 2 Dinner

*Chicken Enchiladas, Oaxaca Cheese, Corn Tortillas, Green Salsa
Cheese & Zucchini Enchiladas, Oaxaca Cheese, Corn Tortillas, Green Salsa Refried Pinto Beans, Tomato Rice
Chopped Salad, Tomato, Cucumber, Corn, Pumpkin Seeds, Kale, Romaine Red Wine Vinaigrette, Creamy
Cilantro Dressing
Lemon BarsBanana Bottled Water*

Day 2 Breakfast, Lunch and Dinner

Day 3 Boxed Breakfast

*Ham Egg & Cheese Breakfast Burrito, Whole Wheat Tortilla (Nut Free)
Sides Include: Banana, Mini Muffin, Bottled Water*

Day 3 Boxed Lunch

*Chicken Club Wrap, Bacon, Lettuce, Tomato, Avocado Spread,
Whole Wheat Tortilla (Nut Free, Dairy Free)
Sides Include: Miss Vickie's Chips, Fresh Cut Fruit Cup, Water*