

**ETHS Pep Squad 2018-19**  
**TRYOUT CLINIC 4/17-19, TRYOUTS ON 4/20,**  
**MANDATORY BOOSTER MEETING 4/24 AT 7PM IN THE MPR**  
**(For those who make a team)**

Dear Parents,

Your son/daughter has expressed an interest in trying out for the El Toro High School Pep Squad for the 2018-2019 school year. This is a **year-long** commitment beginning with try-outs in April of 2018 and ending in May 2019. You need to make sure that you are aware of what this commitment will entail. There are certain obligations in which your son/daughter **must** meet in order to qualify and remain a member in good standing.

The athlete will be required to:

- 1) Attend all practices.
- 2) Maintain a 2.5 GPA
- 3) Be at all designated sporting, school and community events.
- 4) Uphold the mission statement of the Pep Squad *on and off campus*.
- 5) Respect the coaches and all decisions they make.
- 6) Uphold and adhere to all rules and requirements of the Pep Squad Constitution at all times.

Please read **ALL** of the attached information and tryout procedures with your son/daughter. The Pep Squad Constitution and grading system are attached for your reference. These outline all of the rules and regulations. It is important that you review ALL of these items with your son/daughter carefully, before signing the Consent Form and Constitution Form, signatures will show you comply and understand ALL OF THE OBLIGATIONS and RESPONSIBILITIES!

The Pep Squad program is a wonderful way for your son/daughter to get involved at ETHS. Your son/daughter will have the opportunity to develop friendships, support our school and involve themselves in a nationally-ranked Cheer and Dance program. We will also need the parents support in fundraising, cheering at the games as well as being an active part of your athlete's program.

We are looking forward to another GREAT and SPIRITED year! If you have any questions, please contact Mandy Morgan for Cheer related questions at [MandyMorgan14@gmail.com](mailto:MandyMorgan14@gmail.com) and Hayley Reyes for Dance related questions [KeatonD2424@gmail.com](mailto:KeatonD2424@gmail.com)

CHEERS!

*ET Pep Squad Coaching Staff*

**Hayley Reyes**  
Varsity Dance

**Mandy Morgan**  
Varsity Cheer

**Alyssa Taylor**  
JV Dance

**Rachel Barrett**  
JV Cheer

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**QUICK LOOK @ JV CHEER & DANCE**

Members on the **Junior Varsity Team** must commit to the following year long commitments. *There are many components and to be on Junior Varsity you must agree to all of them.* JV team may consist of 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> graders.

**Practices**

**\*\*Subject to Change\*\***

**May9- June 8th for JV Cheer and Dance**

**JV Dance will practice Mondays 230-430 and Tuesdays 430-630 in Spring**

**JV Cheer will practice Mondays 330-530 and Fridays 330-530 during Spring**

**Summer Vacation Dates June 17-26 for finals, and graduation; June 30-July 10 (mandatory fundraiser July 3 and 4th); July 17-24th**

Summer Practices-:

June 27-29 8-10am

July 11-12 8-10am

July 25-August 10 8-10am, all Tuesdays, Wednesdays and Thursdays

July 17, 22, 23 8-10am

**\*\*Practices missed means your son/ daughter will not be included in the Home Routine which is learned before camp. This routine is performed at Camp, the First Varsity Home Game as well as First Pep Rally\*\***

Practices within the school day for P.E. Credit/ Grade given as P.E. Grade. Days and times are TBA

Fall Practices (football season) will happen on average twice a week

Winter Practices (basketball season) will happen on average twice a week

Spring Practices (competition/training season) will happen on average twice a week

NIGHT PRACTICES-May be scheduled to utilize gym or before pep rallies

Calendars for each season will be provided one month in advance regarding schedule & practice wear

**Games**

All Games for lower level Football Games (usually Thursday after school)

Rotation schedule for Basketball Games (may have 2 games a week)

All Varsity HOME games Football and Basketball (stands)

Other games as designated with one week's notice

**School and Community Activities (not limited to)**

Freshman Orientation

Locator Card Distribution

May cheer at Homecoming Game

Lake Forest 4<sup>th</sup> of July Parade

Other charity or community activities as directed

*All fundraising activities for the program*

**Competitions:**

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Competition Season will depend on having 80% of our budget raised by Oct 1<sup>st</sup> 2017. There will be addition costs endured to compete. (music, signs, bows, choreography, competition fees, etc...) Each team will compete at (1-3) competitions \*subject to change\* Competitions are on the weekends and Nationals may be on a Friday. Pep Squad Athletes will fundraise for their individual squad to attend competition and extra costs that are endured for competing. Competitions are not an option and are a part of being on the team. Competition routines will be taught during the school year

**Camp:**

US Spiritleaders Camp, July 12<sup>th</sup> – 15<sup>th</sup>

**Audition Process:**

All athletes returning or otherwise must audition. Athletes that are currently on the team have no advantage over athletes who are not. Required paperwork, skill level in addition to sharp motions, spirit and showmanship that determine placement on the teams.

**ALL PAPERWORK DUE NO LATER THEN APRIL 13, 3PM IN A MANILA ENVELOPE WITH YOUR NAME, AND DESIRED TEAM NAME LISTED ON THE FRONT. PLEASE SUBMIT THIS TO THE FRONT OFFICE \*\*\* EMAILED FORMS WILL NOT BE ACCEPTED\*\*\***

- Try-out Clinic Day#1- April 17<sup>th</sup> 3:30pm-5:30pm, all material will be taught this day. This day is mandatory for all those wishing to audition, and all paperwork must be completely turned in before the clinic starts. There is a one time fee of \$25 due on April 17 to cover judges costs, music, supplies, etc to host Tryout Week as well as tryouts. Cash or check (made to El Toro Pep Squad Boosters)

**\*Varsity Cheer Only- Stunt Tryout is Tuesday, April 18<sup>th</sup> 3:30** Try-out Clinic Days #2 and #3 (April 18<sup>th</sup> & 19<sup>th</sup> 3:30pm-5:00pm) are optional but, **highly recommended.** clinic to attend all three days.

Try-outs are Friday April 20<sup>th</sup> starting at 3:00pm, beginning with Cheer. Results will be posted online at our website:

[www.ETCheerandDance.Weebly.com](http://www.ETCheerandDance.Weebly.com)

**Minimum Skills for JV Cheer:**

Level toe touch, round-off, good motion technique

\*Tumbling will be part of the score sheet and will be awarded standing and running points

\* One Point per School Demerit Infraction will be given on Tryout Score

**Minimum Skills required for JV Dance:**

Level toe touch, leg hold, double pirouette, 4 turns in second, good motion technique splits all three ways.

\* One Point per School Demerit Infraction will be given on Tryout Score

**Uniforms:**

Every two years we order a new uniform design. This would be year number two so unless you are on a new team you will not be needing to order a new one.

**Practice/Camp Wear:**

Some practice wear will be included with your participation pledge to the Pep Squad program along with Poms and bows. Other practice outfits will be available for purchase separately.

**Donations:**

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JV Families will contribute up to \$2,000 in order to keep our program in existence. This includes costs of camp, clothing, competition fees, pep rally music/ costumes, poms, game signs, etc. To keep our program at the high level of spirit and pride; we need to raise an addition \$24,000 approx. for the "General Account." Contributions are not required to be on the team, however if we do not raise enough money, some activities such as homecoming, rallies, competitions and banquet will be cut. The last thing that will be cut is the coaching staff. Items received from the ETHS Pep Squad Boosters Club will be collected back at end of the season if total financial responsibilities are not met. If, items are not returned you will be placed on the ETHS debit list.

**Fundraising Opportunities:**

Several fundraising opportunities are available for you to offset personal donations. Father/ Daughter Dance, little girls clinic, sponsor letters, restaurant nights as well as others. It is important to be involved with the ETHS Pep Squad Boosters Club. **All parents are required to work at all fundraisers.**

**QUICK LOOK @ VARSITY CHEER**

Members on the **Varsity Team** must commit to the following year long commitments. *There are many components and to be on Varsity you must agree to all of them.* This includes competitions. Varsity team may consist of 9<sup>th</sup>-12<sup>th</sup> graders.

**Practices**

**\*\*Subject to Change\*\***

May 8- Welcome Party 3:30-4:30pm in the Dance Room

Spring Practices from May 15- June 7th for Varsity Cheer will be Tuesdays and Thursdays from 230-430 during this time frame

Summer Vacation Dates - June 8-25 for finals and graduation, June 29- July 9 however there is a mandatory fundraiser July 3 and 4

Summer practices: June 26, 27, 28 8-10am

July 10, 11 8-10am

Camp July 12-15

August 13, 14, 15 (game run through),16, 22 8-10am

First Game is August 17

First Day of School is August 27

Varsity Cheer practices Tuesday and Thursdays during school year from 230-430

**\*\*Practices missed means your son/ daughter will not be included in the Home Routine which is learned before camp. This routine is performed at Camp, the First Varsity Home Game as well as First Pep Rally\*\***

Practices within the school day for P.E. Credit/ Grade given as P.E. Grade. Days and times are TBA

Fall Practices (football season) will happen on average twice a week

Winter Practices (basketball season) will happen on average twice a week

Spring Practices (competition/training season) will happen on average twice a week

NIGHT PRACTICES-May be scheduled to utilize gym or before pep rallies

**Games**

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May include 2 or 3 games a week (especially during Basketball season {Jan-Feb})

All Games for Varsity Football

Rotation schedule for Basketball Games (may have 2 games a week)

**Attend ALL CIF Games for All Sports (may have CIF Saturday games) These are less than a weeks notice**

Other games as designated with one week's notice

*Girls who have outside jobs should not plan to work on Wednesday's or Friday's from January 1<sup>st</sup> – April 1<sup>st</sup>. We will have games and **work is not excused.***

*\*\*\*No vacations for varsity during Labor Day weekend, Thanksgiving holiday or Presidents weekend holiday, due to games and possible playoffs.\*\*\**

**School and Community Activities (not limited to)**

ET School Rallies, locator card distribution

Homecoming Pep Rally (dance)

Homecoming Game

Open House and Serrano Middle School Rally

4<sup>th</sup> of July Parade

Other charity or community activities as directed

All fundraising activities for the program

**Competitions:**

Each team will compete at (3-5) competitions, \*subject to change\* Competitions are on the weekends and Nationals may be on a Friday. Pep Squad Athletes will fundraise for their team to attend.

**Camp:**

US Spiritleaders Camp July 12<sup>th</sup>-15<sup>th</sup> location is TBA

**Audition Process:**

All athletes returning or otherwise must audition. Athletes that are currently on the team have no advantage over athletes who are not. Required paperwork, skill level in addition to sharp motions, spirit and showmanship that determine placement on the teams.

- Try-out Clinic Day#1- April 17<sup>th</sup> 3:30pm-5:30pm, all material will be taught this day. This day is mandatory for all those wishing to audition, and all paperwork must be completely turned in before the clinic starts. There is a one time fee of \$25 due on April 17 to cover judges costs, music, supplies, etc to host Tryout Week as well as tryouts. Cash or check (made to El Toro Pep Squad Boosters)

**\*Varsity Cheer Only- Stunt Tryout is Tuesday, April 18<sup>th</sup> 3:30** Try-out Clinic Days #2 and #3 (April 18<sup>th</sup> & 19<sup>th</sup> 3:30pm-5:30pm) are optional but, **highly recommended.** clinic to attend all three days.

Try-outs are Friday April 20 starting at 3:00pm, beginning with Cheer. Results will be posted online at our website:

[www.ETCheerandDance.Weebly.com](http://www.ETCheerandDance.Weebly.com)

**Minimum Skills for V Cheer:**

Level toe touch, round-off, must be able to land a standing or running backhand spring alone or with a light spot at the time of your individual try-out, good motion technique

\*Tumbling will be part of the score sheet and will be awarded standing and running points

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**Stunting Try-Outs (Varsity Candidates ONLY):** (April 18<sup>th</sup> at 3:30pm) Girls will be asked to perform the stunting positions that are best suited for their skill level.

**Uniforms:**

Pep Squad will be ordering new uniforms every two years

**Practice/Camp Wear:**

Some practice wear will be included with your participation pledge to the Pep Squad program along with poms and bows. Other practice outfits will be available for purchase separately.

**Donations:**

Varsity Families will contribute up to \$2,100 in order to keep our program in existence. This includes pep rally music and costumes, coaches fees, poms, game signs, etc. To keep our program at the high level of spirit and pride; we need to raise an addition \$24,000 approx. for the "General Account." Contributions are not required to be on the team, however if we do not raise enough money, some activities such as homecoming, rallies, competitions and banquet will be cut. The last thing that will be cut is the coaching staff. Items received from the ETHS Pep Squad Boosters Club will be collected back at end of the season if total financial responsibilities are not met. If, items are not returned you will be placed on the ETHS debit list.

**Fundraising Opportunities:**

Several fundraising opportunities are available for you to offset personal donations. Father/Daughter Dance, Little Girls Clinics, sponsor letters, restaurant nights as well as others. It is important to be involved with the ETHS Pep Squad Boosters Club. **All parents are required to work at all fundraisers. Parents will sign up for fundraisers at the first Booster Parent Meeting**

## **QUICK LOOK @ VARSITY DANCE**

Members on the **Varsity Team** must commit to the following year long commitments. *There are many components and to be on Varsity you must agree to all of them.* This includes competitions! Varsity team may consist of 9<sup>th</sup>-12<sup>th</sup> graders. Varsity Dance will be competing in multiple categories this year. Grade/ Ages, tryout scores, and dance styles/ abilities will determine who competes in what routine

**Practices**

**\*\*Subject to Change\*\*This does not include Jazz Choreography Dates\*\***

May 8- Welcome Party 3:30-4:30pm in the Dance Room

May 14- First 2017-18 Team Practice 2:30-4:30pm,

May 15 230-430

May 21- 230-430

May 22- Mandatory Uniform Fitting in Dance Room 2:30 for those new to Varsity

May 29- 230-430

June 4- 230-430

June 5- 230-430

June- off the week of graduation and the first week of summer

June - 26 10-4 pom choreography date

June 27, 28th - 8-10am

July- 3 and 4 Mandatory Fundraiser

July 10,11 from 8-10am

July 12-15 camp

August 6 8-10am

August 7 10am-12pm

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August 13 8-10am

August 14 9-11am

August 15 8-10 GAME RUN THROUGH

August 16 9-11am, first game being August 17

August 20 8-10am

August 21 10am-12pm, Game on August 24

August 27 (first day of school) 230-430, August 28 230-430

From here on out you are every Monday, Tuesday and Thursdays 230-430pm

**\*\* Those not here for choreography will not be included in the routine\*\***

School Year Practice Dates are : Monday, Tuesdays and Thursdays 230-430. Monday and Tuesdays will always be a definite. You are required to have all Thursdays available from 230-430 throughout the year without a weeks notice for additional practice needed (especially when games start!)

**Summer Breaks (These do not include jazz choreography dates!! Those not here for choreography will not be a part of the routine. Choreography Dates will be sent out once we have confirmed venues and jazz choreographers availability)**

**Summer Camp:**

July 12-15 location is TBA

**Summer Practices : Times will change due to practice space availability**

**\*\*Practices missed means your son/ daughter will not be included in the Home Routine or Competition Material taught. Home Routine routine is performed at Camp, the First Varsity Home Game as well as First Pep Rally\*\***

*Practices within the school day for P.E. Credit/ Grade given as P.E. Grade. Days and times are Mondays, and Tuesdays from 230-430. You are required to have Seventh Period Thursdays 230-430 available throughout the year as we will have practices on Thursdays when needed*

Fall Practices (football season) will happen on average two to four a week

Winter Practices (basketball season) will happen on average three to four a week

Spring Practices (competition/training season) will happen on average two to four a week

NIGHT PRACTICES-May be scheduled to utilize gym or before pep rallies

**Games**

May include 2 or 3 games a week (especially during Basketball season {Jan-Feb})

All Games for Varsity Football

Rotation schedule for Basketball Games (may have 2 games a week)

**Attend ALL CIF Games for All Sports (may have CIF Saturday games) These are less than a weeks notice**

Other games as designated with one week's notice once we hear from the school.

*Girls who have outside jobs should not plan to work on Wednesday's or Friday's from January 1<sup>st</sup> – May 1<sup>st</sup>. We will have games and **work is not excused.***

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*\*\*\*No vacations for varsity during Labor Day weekend, Thanksgiving holiday or Presidents weekend holiday, due to games and possible playoffs.\*\*\**

**School and Community Activities (not limited to)**

ET School Rallies  
Homecoming Pep Rally (dance)  
Homecoming Game  
Open House and Serrano Middle School Rally  
4<sup>th</sup> of July Parade  
Other charity or community activities as directed  
All fundraising activities for the program

**Competitions:**

Each team will compete at (3-6) competitions, \*subject to change\* Competitions are on the weekends and Nationals may be on a Friday. Pep Squad Athletes will fundraise for their team to attend. Las Vegas Nationals is an additional cost of \$300-\$700

**Camp:**

US Spiritleaders Camp, location is TBA- July 12<sup>th</sup>-15<sup>th</sup>

**Audition Process:**

All dancers returning or otherwise must audition. Athletes that are currently on the team have no advantage over athletes who are not. Required paperwork, skill level in addition to sharp motions, proper technique, spirit and showmanship that determine placement on the teams.

- Try-out Clinic Day#1- \$25 one time fee, April 17th 3:30pm-5:30pm, all material will be taught this day. This day is mandatory for all those wishing to audition, and all paperwork must be completely turned in before the clinic starts. This one time fee of \$25 due on April 17 to cover judges costs, music, supplies, etc to host Tryout Week as well as tryouts. Cash or check (made to El Toro Pep Squad Boosters)

Try-outs are Friday April 20th starting at 3:00pm, beginning with Cheer. We ask everyone auditioning for dance arrive by 4pm ready to audition. Results will be posted online at our website:

[www.ETCheerandDance.Weebly.com](http://www.ETCheerandDance.Weebly.com)

**Minimum Skills required for V Dance:**

Proper technique! Level toe touch, single leg hold turn, quadruple pirouette, splits all three ways, 2 8 counts- clean al a seconds turns into a triple pirouette (would like to see change spot al a seconds.), variation of leaps and turns. Variety of Jazz and Pom choreography will be taught at the clinic

**Uniforms:**

Pep Squad will be ordering new uniforms this year

**Practice/Camp Wear:**



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Some practice wear will be included with your participation pledge to the Pep Squad program along with poms and bows. Other practice outfits will be available for purchase separately.

**Donations:**

Varsity Families will contribute up to \$2,100 in order to keep our program in existence. This includes camp fees, competition fees (other than Florida Nationals for Varsity Dance which will range between \$400-\$800), pep rally music and costumes, coaches fees, poms, game signs, etc. To keep our program at the high level of spirit and pride; we need to raise an addition \$24,000 approx. for the "General Account." Contributions are not required to be on the team, however if we do not raise enough money, some activities such as homecoming, rallies, competitions and banquet will be cut. The last thing that will be cut is the coaching staff. Items received from the ETHS Pep Squad Boosters Club will be collected back at end of the season if total financial responsibilities are not met. If, items are not returned you will be placed on the ETHS debit list.

**Fundraising Opportunities:**

Several fundraising opportunities are available for you to offset personal donations. Father/Daughter Dance, Little Girls Clinics, sponsor letters, restaurant nights as well as others. It is important to be involved with the ETHS Pep Squad Boosters Club. **All parents are required to work at all fundraisers. Parents will sign up for fundraisers at the first Booster Parent Meeting**

## **TRYOUT PROCESS**

**Application Requirements**

1. Grade Requirements: see constitution
2. District Discipline Form
3. Proper Paperwork must be completed and returned to placed in the El Toro Front Office Pep Squad Box at **ETHS BEFORE APRIL 13TH, in a manila folder (please keep in mind the following week is Spring Break!! All paperwork must be in by April 13th, no exceptions. EMAILED PAPERWORK WILL NOT BE ACCEPTED)** The paperwork includes the following:
  - Application and Photo
  - *Signed* Consent Form
  - *Signed* ETHS Pep Squad Constitution Form
  - Physical Form (completed by doctor)
  - Copy of 2018 first semester/or 2<sup>nd</sup> Trimester grades. Please ask for a transcript from your school.

**Cheer, Dance and Mascot Clinics**

Check in back of Aux Gym:	Tues April 17 <sup>th</sup> 3:30pm-5:30pm (\$25)
	Stunt Tryout- Wed, April 18 <sup>th</sup> at 3:30pm (Varsity Cheer Only)
	Clinic #2 , April 18 <sup>th</sup> 3:30pm-5:30pm
	Clinic #3 , April 19 <sup>th</sup> 3:30pm-5:30pm

Dance will be in the Dance Room, same time as above

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**AUDITION DAY Friday April 20th STARTING AT 3PM- Aux Gym**

- Cheer will go first, and Dance will begin immediately after - Dancers, please arrive no later than 4pm
- Parents do not need to stay for any clinic. We ask you please be prompt in picking up your athlete
- All material will be taught at Clinic #1
- Material will be taught at a fast speed.
- Clinic #2 and Clinic #3 will be for review and practice. These two days are optional
- A one time \$25 fee will be charged for all clinics and due Tuesday, April 17.
- Do not leave tryouts after your tryout time is done! We do a lot of call backs! Please wait until Coach Mandy or Coach Hayley officially dismissed you

**Try-Outs Cheer**

**Stunting Try-out** (for athletes trying for the Varsity team)- **April 18<sup>th</sup> at 3:30pm**

- Judges will evaluate the candidates' ability to stunt in different groups at different positions. (Base, Back Spot, Flyer)
- Candidates will be evaluated on their technique, ability to work well with others
- Candidates will know the position they are best suited for at Clinic #2 and will be trying out for Varsity at that position
- Closed Try-Out
- Attire: must wear white tank or shirt with solid colored /soffee shorts. Cheer- needs to wear white low cut/no show socks and white athletic shoes. *(returning members are not permitted to wear former ET Pep Squad attire with logos) NO JEWELRY!*
- Hair: must be natural, secure, neat and out of your face with a BOW

**(Cheer Dance, Cheer & Tumbling Try-out** (for booth JV & V)

Friday, April 20 starting at 3pm in the Aux Gym

Candidates will exhibit their Charger spirit by learning a sideline cheer, a dance routine, and exhibiting jumps...

1. Entrance (rally/spirit)
2. Individual Tumbling
  - Standing Backhand Spring
  - Running Round-Off Backhand Spring
  - Advanced Gymnastics Encouraged
  - \*If, a "light" spot is needed will only be awarded ½ credit
3. Individual Jumps
  - Toe Touch, Pike, Hurdler
4. Group Skills
  - Sideline Cheer (taught at Clinic)
  - Cheer Dance (taught at Clinic)
5. Spirit
  - Energy, enthusiasm, smiles, strength and loudness of voice
6. Exit (rally/spirit)

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- Warm-Up Area (dance room) will be open at 2:30pm
- Candidates will try-out in pre-determined groups of 3 or 4.
- Candidates will know their order at Clinic #2.
- Large group of athletes may be brought into the Try-out room to re-perform the routines. **DO NOT** leave until Coach Mandy has dismissed the cheerleader candidates. If, you are not there you may lose your position on the squads.
- Bring snacks and water
- Closed Try-Out
- Attire: must wear white tank or shirt with solid colored/ soffee shorts. Cheer needs to wear white low cut/no show socks and white athletic shoes. *(returning members must not wear former ET Pep Squad attire with logos) NO JEWELRY!*
- Hair: must be in a ponytail, secure, neat and out of your face with a BOW

**Dance Team Try-Outs-**

{Aux Gym}

**Dance Routine, Game Cheer & Specialties Try-out** (all levels)  
Friday April 20 , please arrive by 4pm ready

Candidates will exhibit their Charger Spirit by learning a sideline cheer, a dance technique routine, across the floor combination and individual specialties...

1. Entrance (rally/spirit)
2. Group Skills
  - Sideline Cheer (taught at Clinic)
  - Energy, enthusiasm, smiles, strength and loudness of voice
3. Individual Specialties
  - Across the Floor (taught at Clinic)
  - Other Technical Skills
  - Dance Piece
    - Dance (taught at Clinic)

-Large group of candidates may be brought into the Try-out room to re-perform the routines. DO NOT leave until Coach Hayley has dismissed the dance candidates. If, you are not there you may lose your position on the squads.

-Attire: must wear (black, blue, gold, or white) athletic/dance wear with no logos. Dancer needs to wear jazz shoes. *(returning members are not allowed to wear former ET Pep Squad attire with logos). No jewelry other than no-dangle earring studs.  
NO BRAS SHOWING!*

*Dance Shorts only, please no pants or baggy clothing , Tights are recommended.*

-Hair: must be secure, neat and completely out of your face, no whispies

**Try-outs Mascot-**

{Aux Gym}

**Sideline Cheer & Dance Routine**  
April 20<sup>st</sup> at 3:00pm

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Candidates will exhibit their Charger spirit by learning a sideline cheer, a mascot dance routine and individual specialties...

1. Entrance (rally/spirit)
2. Individual Skills
  - Sideline Cheer (taught at Clinic)
  - Mascot Dance
3. Individual Specialties
  - Pumping the crowd up
  - Improv
4. Spirit
  - Energy, enthusiasm, smiles, strength and loudness of voice
5. Exit (rally/spirit)

- Candidates will exhibit their Charger spirit throughout their tryout
- Candidates will tryout individually and in costume
- Candidates will be asked to make and bring props to help lead the crowd or add to the sideline cheer/dance performance
- Warm-Up Area (Aux Gym) will be open at 2:30pm
- Attire: must wear ET colors (blue, gold, or white) athletic wear under CHARGER costume.

### **Cheer, Dance & Mascot Team Results-**

- The panel of judges will be composed of five judges from a professional cheerleading & dance association
- The score sheets are tallied and ranked by a school administrator (Activities Director or designee) with the use of a computer.
- The size of each squad will be determined by the coaches depending on the squads needs and natural break.
- Final score will be a combination of submitted paperwork as well as Judges Panel scores
- 2018-19 Team Placements will be posted on : [www.ETCheerandDance.Weebly.com](http://www.ETCheerandDance.Weebly.com) the night of April 20, after auditions are completed. Parents and athletes, please do not contact coaches. Teams will be posted when teams are made
- As a parent I understand that the coach's decision is final. **I will not contact any of the coaches or any booster members to ask why my athlete did not make it.** Tryouts are based on talent/skills, judges scores and specific squad needs. Neither the advisor nor the coaches will give any information on the tryouts. **This will be strictly enforced.**

**ETHS Pep Squad 2018-19**  
**TRYOUT CLINIC 4/17-19, TRYOUTS ON 4/20,**  
**MANDATORY BOOSTER MEETING 4/24 AT 7PM IN THE MPR**  
**(For those who make a team)**

**\*\* Print, Sign and Turn In This Form\*\***

**CONSENT FORM**

**Name:** \_\_\_\_\_ **1<sup>st</sup> semester/2<sup>nd</sup> Trimester G.P.A.** \_\_\_\_\_

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**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_  
**Parents:** \_\_\_\_\_

**Current School of Attendance:** \_\_\_\_\_ **Grade ENTERING 2018/2019** \_\_\_\_\_

I, the undersigned, have **READ** and **FULLY UNDERSTAND** the tryout procedures and process for becoming a pep squad member of the ETHS Pep Squad. I understand that my son/daughter will not be able to tryout, unless **ALL REQUIREMENTS** are met.

I understand that the team decision is final. **I will not contact any of the coaches or any booster members to ask why my athlete did not make it.** Tryouts are based on submitted paperwork, judges scores, talent/skills and specific squad needs. Neither the advisor nor the coaches will give any information on the tryouts. **This will be strictly enforced.** If you choose to contact anyone about the tryouts, you will not receive a response.

I have **READ** and **FULLY UNDERSTAND** the Pep Squad Constitution and Grading System which are the rules and regulations that will govern my son/daughter if he/she is chosen to represent El Toro High School as a Pep Squad member. I agree to abide by these rules and regulations, including their interpretation and enforcement. I further understand that attendance at all practices, school events, special events, games and designated volunteer activities are required of every pep team member.

I hereby give my consent for my son/daughter to tryout for Pep Squad and recognize his/her responsibilities and requirements as a leader of his/her school.

I understand that, if my son/daughter is must maintain a 2.0 with no more than two F's the entire year.

\_\_\_\_\_  
Parent(s) Signature Date

\_\_\_\_\_, have also read the statements above and fully  
Student Name understands the requirements.

\_\_\_\_\_  
Student Signature Date

## **CONSTITUTION**

### **PHILOSOPHY**

**ETHS Pep Squad 2018-19**  
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As an athlete of the El Toro High School Pep Squad, you, an ambassador, represent ETHS and the Saddleback Valley Unified School District in everything you do! This commitment is for one year, May to May. It is paramount that you conduct yourself in a polite manner at all times. It is important that you participate on the Pep Squad with pride, honor, and self-respect! It is a privilege to be able to represent El Toro High School by being a member and athlete of the Pep Squad.

**PURPOSE**

The purpose of the Pep Squad is:

- 1) To promote and uphold school SPIRIT!!!
- 2) To support ETHS athletic teams.
- 3) To serve the school and community through ACTIVE participation.
- 4) To promote good sportsmanship.
- 5) To develop leadership qualities.
- 6) To develop self-discipline and citizenship.
- 7) To perform with excellence at pep rallies, games, and special events.
- 8) To instill spirit, enthusiasm, and pride in the student body.
- 9) To encourage and lead positive crowd participation
- 10) To assist at school and community functions when required.
- 11) To positively and competitively represent ETHS at cheer and dance competitions.

**MEMBERSHIP**

- 1) Varsity Cheer, Dance and Mascot Squads are open to all athletes 9th-12<sup>th</sup> grade who receive the highest scores at tryouts.
- 2) The Junior Varsity squad is open to all athletes who will be a freshman, sophomore or junior.

**REQUIREMENTS**

- 1) School insurance or proof of family insurance is required PRIOR to clinics.
- 2) A current physical is REQUIRED prior to tryouts and kept on file.
- 3) The athlete must maintain a 2.0 G.P.A. or higher in order to remain eligible
- 4) If an athlete does not maintain a 2.0 G.P.A. in the previous grading period, the athlete will remain ineligible to participate in extra class activities for the next grading period
- 5) If an athlete earns one "F" and their overall G.P.A. is a 2.0, the student will remain eligible. An athlete who earns two "F's" in one grading period is ineligible.
- 6) Candidates may NOT exercise the option of a probationary period in order to qualify for the try-out/selection process. A member may however, request to utilize the probationary rule during their term if they become ineligible and do not have more than one "U" in citizenship standard. Failure to meet the G.P.A. standards in subsequent regular grading periods will result in disqualification for the remainder of the term.
- 7) Each Pep Squad athlete must be enrolled in a minimum of 5 classes, one of which MUST be the Pep Squad class each semester.
- 8) Any athlete who receives two or more "U's" in Citizenship in any grading period is ineligible.
- 9) Each cheer athlete is **encouraged** to participate in a weekly tumbling session, as determined by the coach. If they choose not to, they risk being replaced by another athlete at the coach's discretion.

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- 10) Each dance athlete is **encouraged** to participate in a weekly technique session, as determined by the coach. If they choose not to, they risk being replaced by another athlete at the coach's discretion.
- 11) Cheer and Dance is a yearlong (1<sup>st</sup> Semester & 2<sup>nd</sup> Semester) *SPORT*.

**CONDUCT**

Pep Squad athletes are observed in many areas of school and community life. A Pep Squad athlete represents his/her team at all times. Therefore, it is important that his/her attitude and behavior, both at school and in the community, be above reproach so that it will bring respect to him/herself, team and school. The following are the primary responsibilities and standards of all athletes.

1. To remember that participation is a privilege and not a right: as such, the privilege may be revoked if the athlete does not abide by the athletic code and follow school and district policies.
2. Tutorial, school, and district rules/ regulations must be followed at all times
3. Any conduct ( known to have occurred during or after school hours) by an athlete which brings discredit to him/herself, the team or the school is not acceptable, and will be grounds for suspension of athletic privileges. The athlete may ask the review board to review the case if there are extenuating circumstances. Acts that discredit the athlete, team and school are, but not limited to the following:
  - Misbehavior\*
  - use of alcohol, drugs ,tobacco ( including chewing tobacco and vape)
  - student convicted of a crime
  - acts of violence/vandalism
  - school related problems of a disciplinary nature
  - Note: students on school suspension are automatically ineligible to participate in, or attend, any school extracurricular activity.

**\*misbehavior includes social networking pages/videos/tweeting must not contain inappropriate remarks regarding other classmates or athletes, inappropriate pictures, provocative posing or postings regarding drugs, sex or alcohol paraphernalia.**

- 1) Each athlete should strive to cooperate with all members on the squad and with all the coaches. A good attitude is the most important attribute to any Pep squad athlete. A continuing poor attitude can result in indefinite suspension from the squad. Outside activities or jobs may be held only if they DO NOT interfere with participation in Pep Squad activities, including ALL practices.
- 2) Pep Squad athletes are required to set an example for the student body at all times. They should not participate in any activity on or off campus that could embarrass ETHS Pep Squad.
- 3) Vulgar and/or profane language will not be tolerated at any time.
- 4) Warnings are not required before enforcing rules.
- 5) An Infraction system grading policy will be implemented for the mandatory Pep Squad class.
- 6) Inadequate performances, lack of enthusiasm, or any display that could be termed sub-standard may result in disciplinary action.
- 7) An athletes may not eat, drink, or CHEW Gum while in a performance situation. Athletes need to eat prior to the game or after but not during. (NO ½ time snacks)



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- 8) No jewelry may be worn to any school even except small diamond round post earrings. One per ear only. This means whenever you are in any part of your pep team uniform, you may NOT wear more than two earrings, **a nose ring**(this includes clear plugs as well) or have any visible tattoo's at all. This includes game days at school as well as competitions, pep rallies etc. **You must take excess piercings out, they may not be covered by a band-aid.**
- 9) When the CHEER team is performing absolutely NO JEWELRY!
- 10) Hair for all game days, at school and at games will be designated by the coaches. Each team member must wear it the same.
- 11) All pep squad constitution district, and school rules/policies are expected to be followed at all times. If rules are broken, a loss of membership may result at the discretion of the coaches and school administrators.
- 12) If a Pep Squad athlete is removed, expelled, kicked-off, or resigns from the squad, at any point during the year, a new member may be appointed to the squad to fill the vacancy at the coach's discretion. The pep member will not be allowed to try out for the next season as well.
- 13) If a Pep Squad athlete chooses to resign their position for any reason other than a documented health reason that has been documented by a physician, they will receive a transfer grade of an F at the time of their leaving the team.
- 14) If after Pep Squad tryouts and member selection, an equally talented student enrolls at ETHS and shows interest, the coaches may, at their discretion, schedule an individual try-out for the interested individual.

**ATTENDANCE**

- 1) An athlete must attend a minimum of 4 classes on the day of an activity, event or game in order to participate (SVUSD AR 6145.1)
- 2) An athlete shall attend all practices and rehearsals scheduled.
- 3) An athlete shall attend all assigned athletic functions.
- 4) Absences from school must go through attendance. Please also contact the advisor and coach if they are missing school on a practice or game day via e-mail or phone.
- 5) Advisor and Coach can decide if an athlete's excused absence will be detrimental to the team's performance and remove her/him from the routine or game.
- 6) Absences due to participation in mandatory student government, required class field trips, or other campus activities that will affect their grade or graduation must be approved by the advisor/coach in advance.
- 7) Truancies or continuous tardiness in any course may result in pep squad disciplinary action.
- 8) In the case of being benched, a pep squad member must attend school, a game, event or practice, in uniform and sit with the team, and/or the coach.
- 9) In the case of suspension, a pep squad member cannot attend school, a game, event or practice in uniform.
- 10) Seniors that leave early for the dyad have no practices must signet with attendance on days where there is no practice to have attendance verified

**PRACTICE**

- 1) Pep squad practices will be during 7th periods and extras as deemed necessary by the coaches.
- 2) Pep squad members are to ATTEND all mandatory practices.

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- 3) All mandatory practices will be scheduled at least ONE WEEK in advance by the individual squads when possible.
- 4) The coaches will determine if the athlete, who has missed a mandatory practice due to illness, etc, is ready to perform.
- 5) Coaches will determine if athletes skills are consistent with requirements to make the team throughout the year. If an athlete fails to remain skill level for competitions, games, or performances; coaches have the right to remove athlete from that routine where skills are not met
- 6) Athletes missing a practice during the week prior to an event may be removed from the routines.
- 7) Doctor, dentist, hair appointments, etc. are not acceptable excuses for missing mandatory practices (unless in an emergency and the advisor and coach has been informed). If a member must miss practice, the advisor and coach must be notified before the practice is scheduled to begin.
- 8) It is the responsibility of the Pep Squad athlete to remain focused and attentive during practice due to the safety of other teammates and themselves. Squads are expected to use their time wisely and to be cooperative and productive. Failure to do so will result in an infraction.
- 9) Athletes must be fully dressed in designated outfit with hair up and jewelry removed at the designated practice time.
- 10) Athletes must wear shoes and socks for all practices. No exceptions.

**TIME COMMITMENT**

- 1) Enrollment in Period 7 Pep Squad class, for both semesters is mandatory for El Toro High School.
- 2) **Extra-curricular activities, or after school jobs, do not constitute excused absences. Keep this in mind when making other commitments.**
- 3) Every effort will be made to provide adequate notice for mandatory events.
- 4) Summer school is an excused absence during summer practice if the class/es is /are required to graduate.
- 5) Competing on the competition team is part of your Pep Squad Year. Competitions are not an option
- 6) Skill level must be maintained throughout 2018-19 year. Failure to do so will result in athlete being removed from particular routine/s
- 7) Time commitment may, at times, require up to 20 plus hours per week.
- 8) Attendance at summer camp is MANDATORY in order to perform in the routines learned at camp during half times and quarter breaks at games and rally performances.
- 9) Assigned attendance at all events is mandatory, except for illness cleared by a parent, or a family emergency.
- 10) Pep Squad members are required to promote school spirit at rallies, assemblies and assigned community events.
- 11) Pep Squad members will be required to make posters for games and events
- 12) Pep Squad members will adhere to assigned call times as instructed by the advisor/coach
- 13) The term of membership for all athletes is from the date of selection to the end of the following school year. It is a year-long commitment.
- 14) Members playing another sport in addition to Pep Squad, must get clearance from the coaches of each sport. Fall and winter sports are not possible. Spring sports are, but will present some time conflicts and may affect the athlete's grade.

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- 15) **SENIORS:** Senior Pep Squad members must assist with clinics and try-outs as well as lead teacher dance, male cheer and be a part of other Senior privileges.
- 16) **CAPTAINS:** Being a Captain requires extra responsibilities, standards and time. Captain selection will have separate try-out. Captains will be chosen by the beginning of June. Captains will go on a "Captain's Retreat." (a weekend during the summer)

**TRYOUTS**

- 1) All members of the pep squad will be chosen at try-outs once per year.
- 2) Outside judges will score applicants based on tryout performance.
- 3) Each stunt will receive minus one point per school demerit on file at the time of tryout

**PERFORMANCE AND GAME REQUIREMENTS**

- 1) Pep squad members will conduct themselves at all times in such a manner as to bring respect to themselves, their team and the school.
- 2) Pep Squad Members are required to maintain skill level throughout season that was required at the time of tryouts. Failure to do so will result in athlete not performing
- 3) Keep track of and label all belongings. Lost Pep Squad items will need to be replaced.
- 4) Put up and take down signs before and after games and other game program duties. (i.e. sound system)
- 5) Keep your mind on the game. NO CELL PHONE CALLS or CONVERSATIONS with friends in the stands while you are cheering.
- 6) Be respectful to the opposing team, officials, and opposing pep squad.
- 7) You are not permitted to let others use your Pep Squad supplies. This includes practice wear or any part of your uniform for any reason.
- 8) Cheers and signs are to contain positive spirit and enthusiasm.
- 9) All Pep Squad athletes are required to attend special events and ALL CIF play-off games as determined by the coaches. CIF games are mandatory. Pep Squad Members will be notified as soon as the school receives notification.
- 10) Skills that are demonstrated and proficient at tryouts are expected to remain as such throughout the year. If a member refuses to do a skill they had at tryouts they will get two weeks to regain the skill or they will be asked to become an alternate and/or leave the team.
- 11) Coaches have the right to remove Pep Squad Member from Competitions or Performances due to bad attitude, eye rolling, poor work ethics, etc.
- 12) JV and Varsity Dance- failure to show up to competition calls for students immediate removal of all performances for the remainder of the pep squad season. Competitions are not optional.
- 13) For competition purposes - the skills of an individual are not up to par with the teams level they will become in alternate. Alternates still are an active member of the team and must attend every practice, event and competition.  
**\*VARSITY:** You will have the opportunity to perform at HOMECOMING, extra rallies, and other events. There will be added costs to have the proper music for performances, extra "costume pieces", etc., to ensure a great performance. There will be added costs that will need to be raised to perform at the extra performances.

**UNIFORM AND APPEARANCE**

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- 1) Uniforms are to be worn on game days, assemblies, rallies, parades, and any additional events found necessary.
- 2) Uniforms must be neat and **clean** for each performance.
- 3) No bras or undergarments are to ever show!
- 4) Each pep squad member must be in coordinating uniforms at all events. The uniform you wear to each event will be determined by the coach, and/or captains. Failure to wear the selected uniform will result in not performing and will affect your grade.
- 5) A Pep Squad athlete may not participate if he/she is in the incorrect uniform. Pep Squad Member will be benched from upcoming games and performances if they are not wearing what was assigned that day
- 6) Uniforms are not to be worn to any activities outside of those designated.
- 7) Pep Squad uniforms or wear may not be lent to any person.
- 8) During “Spirit Dress-Up Days” at school you will be required to participate in the theme to promote spirit on campus.
- 9) No visible tattoo’s at school or games unless they are given by the advisor and everyone is wearing them. (cheek decals for games)
- 10) A Pep Squad athlete must always present him/herself in a clean and orderly manner.
- 11) Hair for all game days, at school and at games will be designated by the coaches and/or captain. Each team member must wear it the same.
- 12) Neat and clean.
- 13) Make-up is to be worn at all games & events. Including lipstick. We call it “Game Faces On”  
\*\*Colors will be determined by the coaches and/or captains to enhance a “natural” look.
- 14) On competition days, all squads will wear assigned pep squad outfit. Most importantly, athlete is to be in this assigned outfit upon arrival.
- 15) Hair and make-up for competitions will be determined by the coach
- 16) Acrylic nails may be worn; however, they need to be very short and tasteful only a French manicure/ glitter base/ etc...No wild colors that do not compliment the school uniform will be allowed.
- 17) Only natural looking highlights will be allowed that are done professionally. **No wild colors, chunky blocks of colors or tips are allowed at any time.** Neither “messy” hair nor having the choppy “Seen” look will be allowed at any event. *(If your hair is an unnatural color on the day of tryouts you should not expect to make the team)*
- 18) No jewelry may be worn to any school even except small diamond round post earrings. One per ear only. This means whenever you are in any part of your Pep Squad uniform, you may NOT wear more than two earrings, **a nose ring**, (this includes clear plugs as well) This includes game days at school as well as competitions, pep rallies etc. You must take excess piercings out; they may not be covered by a Band-Aid.
- 19) If, any part of the uniform is lost or damaged, it is the responsibility of the family to replace it immediately.

**TRANSPORTATION**

- 1) All pep squad members are to ride the bus when one is made available. Varsity teams are the only teams that travel and they must get their own ride to and from all bus rides, games, events and parents must provide the rides if they are non drivers.
- 2) Pep Squad athletes are to have a transportation waiver on file with the advisor in case other transportation other than a bus is to be used.
- 2) Any unauthorized transportation procedures can be grounds for immediate dismissal.
- 3) JV Teams will not travel to games during their season.

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4) Any unauthorized transportation of team members will result in a one week suspension from the team. No exceptions. No one may transport underage Pep Squad girls in their car unless they are legal to do so by state law.

**CAMP**

The summer Spirit Camp is necessary for all squads. We will be attending camp US Spiritleaders Camp July 12<sup>th</sup> -15<sup>th</sup>. There maybe a chance camp is moved to one day before or after dates listed due to venue availability. Members join forces to learn routines for games and performances through-out the season, build technique, leadership skills, and unity. Parents will be requested to transport their own child to and from the Camp. Camp will need to be paid in full by the end of May (exact date TBA)

**SPIRIT POINTS/INFRACTION SYSTEM**

The Spirit Points/Infraction system will encompass in-class requirements in addition to mandatory after-school activities. Infractions start right away and are sectioned into 3 terms.

1. Summer
2. 1<sup>st</sup> Semester (also receives letter grade)
3. 2<sup>nd</sup> Semester (also receives letter grade)

All Pep Squad members shall be held accountable throughout the year for all conduct, appearance, and attendance. A Spirit point/infraction system will be implemented upon selection of Pep Squad members. If someone is not wearing the proper attire, or conducting themselves in a manner unfit of a member, the following actions will take place:

- At games, for every wrong item of clothing, incorrect hairstyle or broken rule will result in a 2 point infraction.
- Unexcused tardies, less than 15 minutes late will result in a 3 point infraction.
- Unexcused tardies more than 15 minutes or an unexcused absence will result in a 5 point infraction.
- Any misbehavior will result in a warning first and if it is continued will result in a 5 point infraction each time.
- Missing the bus at any time will result in a 5 point infraction. Being late for the bus will result in a 3 point infraction.
- Not painting or posting an assigned poster will receive a 5 point infraction.
- Not suiting out for practice in the correct attire will result in a 5 point infraction.
- Not being responsible and forgetting your equipment will result in a 3 point infraction.
- Demeaning, bad mouthing, or disrespecting another team member, Captain, Coach or Advisor is a serious offense and will result in a 10 point infraction

If any Pep Squad member at any time reaches within the three time frames (Spring/Summer, 1<sup>st</sup> Semester, and 2<sup>nd</sup> Semester) 5 infractions, he/she will be dismissed from the squad. A letter will be sent home to the parents upon receiving the 3<sup>rd</sup> infraction as well as a consultation with the Advisor/Coach and Pep Squad member. Upon the 4<sup>th</sup> infraction a parent/Pep Squad member conference will be held with the Advisor & Coach. Upon the 5<sup>th</sup> infraction a mandatory parent/pep Squad and Activities Director the hope that it will not continue. Assigning infractions is at the discretion of the Advisor, Coaches, and Captains. Please be aware that these are serious. A Pep Squad member needs to be organized, stay on task and be a team member to have a successful

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squad. If a team member makes a choice to not attend a game when they have missed two games (for the year) on the third miss, they will be unable to receive any awards at the banquet. The only exception is religious obligations that will require a note from the appropriate church personnel on official church stationery or extreme illness/injury.

*\*\*The ONLY acceptable reason for missing is extreme illness (as in hospitalization) or a death in the immediate family. Religious obligations must be planned for in advance. If you choose to not attend an event because it is inconvenient to you or your family, which results in your athlete missing a game, then you are choosing to have your athlete get an infraction that cannot be made up.\*\**

**\*\*Guidelines:**

- 1) **WORK is NOT an excuse for missing a game, practice, or mandatory event.**
- 2) Doctor's appointments, family events, and schoolwork are not excuses for missing practice, games or leaving early.
- 3) Please plan such events around pep squad obligations.
- 4) If the advisor or coach makes a game/event mandatory with one-week prior notice (other than CIF), all members are expected to attend.
- 5) Extra practices called by captains/coaches with 3 days prior notice, are MANDATORY!

**Spirit Points**

A total of 5 spirit points per Summer and Semester may be awarded to members for good deeds, extra spirit and extra work pertaining to Pep Squad is achieved.

**Letter Grade**

All Pep Squad athletes will be graded according to attendance and attitude by the advisor and coaches. This also includes Citizenship Letter Grades based on attitude, work ethic, etc. Citizenship Grades are O, S, or N.

- 90-100 points equals an "A" in the class
- 80-89 points equals a "B" in class
- 70-79 points equals a "C" in the class
- 60-69 points equals a "D" in the class
- 50-59 points equals an "F" in the class and dismissal from the program

**The signature of a parent and participant on the consent form/contract signifies that you are willing and able to meet the requirements and responsibilities stated in the contract. El Toro High School Pep Squad members will be expected to adhere to this contract and retain this packet for future reference.**

**PLEASE KEEP THE PEP SQUAD CONSTITUTION FOR YOUR RECORDS**

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**\*\*\*Please check our website for the most up to date info!\*\*\*  
[www.ETCheerandDance.Weebly.com](http://www.ETCheerandDance.Weebly.com)**

**\*\*Sign this page and return with your Application!\*\***

**CONSTITUTION CONTRACT FORM**

I have read and agree to abide by the Pep Squad Contract and Grade System, accepting the consequences and possible dismissal from the squad for breaking any of the rules. I also sign this understanding that I as a parent cannot change or alter these rules and I am allowing my child to try out for this team knowing that these are the rules and I am agreeing to the terms of the program as it stands.

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\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**CHECK LIST FOR TRYING OUT**

**All forms must be completed and turned into  
El Toro by**

**April 13<sup>th</sup> no later then 3pm**

**Can drop off at the ET Front Office in a manila envelope  
with your name and team trying out for**



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**PLEASE USE THE LIST BELOW!**

- PHYSICAL: Make an Appointment with your doctor or public health center for a physical and bring your form to the appointment. Be sure you get the office stamp & signature. Turn in by. Must have a CURRENT physical on file in the ETHS Athletic Office in order to begin the ET Pep Squad Try-out Clinics. You will not be allowed to tryout without this. Sports Screening must be valid through **September 1rst, 2018** or else you will not be permitted to attend camp or practice \_\_\_\_\_
  - Application and Photo \_\_\_\_\_
  - Signed Consent Form \_\_\_\_\_
- Signed Varsity Consent Form for Underclassmen wanting to be on Varsity \_\_\_\_\_
- Signed ETHS Pep Squad Constitution Form \_\_\_\_\_
  - Signed Saddleback School District Form \_\_\_\_\_
  - Copy of first semester/or 2<sup>nd</sup> Trimester grades. Please ask for a transcript from your school. \_\_\_\_\_
  - Practice Wear Size Form

**PEP SQUAD APPLICATION FORM**  
**\*\* COMPLETE AND TURN IN \*\***

**Please write clearly!**

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Staple a picture of yourself to the  
Top Left Corner of this page



GRADE (for 2018-2019)\_\_\_\_\_

BIRTHDAY\_\_\_\_\_

\_\_\_\_\_  
LAST NAME

\_\_\_\_\_  
FIRST NAME

\_\_\_\_\_  
ADDRESS

\_\_\_\_\_  
ZIP CODE

HOME PHONE\_(\_\_\_\_)\_\_\_\_\_

ATHLETE'S CELL\_(\_\_\_\_)\_\_\_\_\_

ATHLETE'S E-MAIL\_\_\_\_\_

Mother's Name\_\_\_\_\_ E-Mail\_\_\_\_\_

Mother's Cell\_\_\_\_\_

Father's Name\_\_\_\_\_ E-Mail\_\_\_\_\_

Father's Cell\_\_\_\_\_

POSITION DESIRED {circle all that apply}

Varsity Cheer

JV Cheer

\*If only "Varsity" is circled you will not be considered for "JV" and vice versa  
\*May only choose one...Cheer, Dance or Mascot  
\*\*\* Varsity Consent Form Required for Underclassmen wanting to be on Varsity

Varsity Dance

JV Dance

Mascot

Why do you want to be a member/athlete of the Pep Squad? If you are a returner, are you going to do anything differently in the year to come different then last year? If so, what? If you are hoping to be a new member, what is it about Pep Squad that made you want to tryout?

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**ETHS Pep Squad 2018-19**

**TRYOUT CLINIC 4/17-19, TRYOUTS ON 4/20,  
MANDATORY BOOSTER MEETING 4/24 AT 7PM IN THE MPR  
(For those who make a team)**

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What would you bring as a person to the program?

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What is your cheer or dance background?

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**Attach the following to this Application:**

- |  |  |
|--|--|
| <input type="checkbox"/> Picture attached at Top/Left Corner   | <input type="checkbox"/> Physical/Athletic Clearance |
| <input type="checkbox"/> Copy of Fall Semester report Card   | <input type="checkbox"/> Signed Consent Form         |
| <input type="checkbox"/> Signed Constitution Form  | <input type="checkbox"/> Copy of Insurance Card      |
| <input type="checkbox"/> Parent/ Athlete Varsity Consent Form (for Freshman and Soph trying out for Varsity level teams) |  |

**Underclassmen Trying Out for Varsity  
Level Teams**

ETHS Pep Squad 2018-19  
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**By circling Varsity, I understand and acknowledge that the Varsity level is a naturally more of a commitment than JV. Varsity has more games, away games, more practices, more competitions, possible out of state competitions, pep rallies, etc. By circling Varsity I am aware of these commitments and am willing to abide by them regardless of my age/ grade level**

**Athlete Signature:**

\_\_\_\_\_

**Parent Signature:**

\_\_\_\_\_

**ETHS Pep Squad 2018-19**

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## **EL TORO CHEER AND DANCE TEAM 2018-19 TRYOUTS**

Tryout Packet can be located on:  
[WWW.ETCHEERANDDANCE.WEEBLY.COM](http://WWW.ETCHEERANDDANCE.WEEBLY.COM)

### **Important Dates:**

All required paperwork, Sports Screenings, etc  
(checklist is in Tryout Packet); due no later than  
**April 13 at 3pm** to the El Toro High School front office

### **Tryout Clinic Dates:**

April 17, 18, 19 3:30-5:30  
\$20 due on April 17 to cover tryout judges and music costs  
Additional \$5 due on April 19 for Mock Tryout Date

**Tryout Date is April 20th** starting with Cheer at 2:30, dance will be right  
after (plan for 4:30pm) in the ET Aux Gym

### **MANDATORY BOOSTER MEETING 4/24 AT 7PM IN THE MPR**

Welcome Party May 8th at 3:30pm at ET

New team practices begin the week of May 14th

Uniform Fittings are May 22nd from 2:30-4:30pm at ET

Camp Dates:  
July 12-15, location is TBA

ETHS Pep Squad 2018-19  
TRYOUT CLINIC 4/17-19, TRYOUTS ON 4/20,  
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(For those who make a team)

**\*\*\*TURN THIS FORM IN\*\*\***

**CAMP WEAR SIZES**

**Name:** \_\_\_\_\_

**Circle: Cheer Dance Mascot**

**T SHIRT SIZE:** \_\_\_\_\_

**LONG SLEEVE SHIRT SIZE:** \_\_\_\_\_

**SWEATSHIRT SIZE:** \_\_\_\_\_

**TANK SIZE:** \_\_\_\_\_

**SHORTS SIZE:** \_\_\_\_\_

**LEGGINGS SIZE:** \_\_\_\_\_

**ETHS Pep Squad 2018-19**  
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**(For those who make a team)**

**Jersey Size (they run small)\_\_\_\_\_**