

ETHS Cheer and Dance Captain Contract

By signing this form and being elected a captain of this team, I understand that a captain is held to the highest of standards. I vow to commit to this role and to develop my leadership, time management, responsibility, organization and my overall ability to communicate with my peers and those in authority. I acknowledge that I must uphold the following responsibilities:

CHARACTER RESPONSIBILITIES:

- Maintain and develop responsibility, time management, organizational skills, commitment, and leadership throughout the year
- Maintain self-discipline and set a good example for all squad members
- Maintain a positive and encouraging attitude while expecting each squad member to do the same
- Maintain unity within the squads by solving conflicts, helping other teammates, and answering questions
- Maintain discipline by keeping squad members focused on tasks, no goofing around, and paying attention at all times

EVENT RESPONSIBILITIES:

- Communicate with squad members if any changes occur to the schedule or if something else needs to be done
- Provide coaching staff with a list of outfits to wear to practices and to let us know if anything changes with that list
- Make sure each member knows their cheers, sideline dances, stunts, etc.
- Make sure each member is reminded of game day uniforms 2-3 days in advance
- Lead an organized stretch at practices, games, pep rallies and competitions
- Call cheers and keep track of the games with the game script for the week
- Make sure signs are at the event, put up before and taken down after
- Act as a hostess to the visiting school by welcoming them and providing them with a snack

RESPONSIBILITIES TO COACHING STAFF:

- Assist the COACHING STAFF in any way possible/necessary
- Inform the HEAD COACH of any problems or grievances between members
- Act with the utmost respect towards coaches and teammates. No negative attitudes, gossip or putdowns will be tolerated!
- Collect any pending paperwork from members
- Carry an extra CD of performance music to all events and practices
- Carry extra ribbons, bobby pins, hair spray, etc. for members
- Make sure all signs are made on time and are appropriate

DISMISSAL:

- A captain will be removed from their leadership position if they fail to meet these requirements. Not showing up at an event, practice, competition or anything else for ETHS Cheer and Song will result in an AUTOMATIC removal from your captainship.
- Dismissal will be at the discretion of the HEAD COACH

Members Signature

Coaches Signature